

FAMILY RESOURCE CENTER

MassGeneral for Children at North Shore Medical Center Education Series

Family Rounds

A monthly series for parents and professionals

November 20, 2014 ~ 12 noon – 1:30 p.m.

Davenport 4 Boardroom, NSMC Salem Hospital

“Always Picked Last ~ Conquering the Bullies: A Guide to Finding Your Way in Life”

Presenter: Coach Kevin Kearns, Anti-Bullying Specialist

Speaker Coach Kevin Kearns – In today’s day and age bullying is on the forefront of everyone’s mind. It is discussed and talked about more now than it ever was in the past. Unfortunately today the stakes are even higher when it comes to this subject. No longer is this – “handled” on the school playground at the close of school. With the advent of the internet being bullied becomes a digital tattoo that can follow around for what seems to be an eternity.

Coach Kearns comes from real world experience. After losing his father to alcoholism when he was 12, he literally had to be 21 overnight. From being the worst athlete in the neighborhood to now becoming one of the most sought after strength conditioning coaches in the world today. He brings with him a simple but powerful message, “Hope”. That coupled with his 4S formula for young children dealing with bullying. That formula is:

- Speak Up
- Stand Up
- Stand Together
- Self Defense as needed

Coach Kearns will speak on how he has used this formula effectively with several age levels of children.

Lectures are free on the third Thursday of the month at Davenport 4 Boardroom, NSMC Salem Hospital

Registration is required.

E-mail ithomson@partners.org

or call 978-354-2670.

